

Hélène MÉNAGER

Business Engineering Student

menage@insa-toulouse.fr +33 6 58 44 95 61
20 Rue Saint Léo, Toulouse, France Driving licence (B)



PROFESSIONAL EXPERIENCE

- 2025 – 2026 **Axima Concept – Internship**  Anglet, France
4th- and 5th-year internships – team of 35 people
- **20+ tenders** handled (from tens of k€ to €1.5 – 2 M): quantity take-offs, bills of quantities, quotes, technical files; **tenders won**: Decathlon Pau, SDIS Orthez, HSA Aurera
 - Projects: **luxury hotels** (150 rooms, €1.5 M), **collective housing** (40 apartments, studios to 4-bedroom, €1.2 M), industrial sites (Safran)
 - **Technical studies**: plumbing and ventilation sizing, pressure-drop calculations, heating/cooling capacity, thermal load analysis, calculation notes (Revit, Pleiades, Fieldwire)
 - **Supplier relations**: dozens of suppliers consulted, price optimization from the bid stage (**new supplier 30 % cheaper** than competing offers), negotiations on won projects, handling post-installation product issues
 - **HSA Aurera** (24 apartments, **€1.2 M HVAC package**, 18-month site schedule): coordinated project managers, design office and site manager; decision support, planning; end-to-end pricing and urgent quotes for the project manager
 - Client and partner event with **400+ guests** (day and evening): networking, fully autonomous
- 2023 **Marvilla Parks – Mayotte Vacances 5*** 
Campsite Activity Leader (10 weeks, full summer)
- Led a group of **30 children aged 3 to 6**: behavior management, parent relations; **team of 15**
 - Group activities with families, shows and entertainment for all ages: stage and microphone hosting, solo and in groups; stress and fatigue management
- 2019 – 2022 **Children's Activity Centre** Dordogne, France
Seasonal worker for 4 summers
- Stress management and conflict resolution; teamwork in pairs; built the full summer **schedule** from scratch

EDUCATION

- 2026 – 2027 **MSIAI – INSA Toulouse**  Toulouse, France
Specialized Master's Degree in International Industrial Business Engineering.
- Ranked **#1 in Technological & Industrial Management** (Eduniversal)
 - One-year program (600 hours, 75 ECTS, RNCP level 7): technical and commercial dual skills, taught in English and French
- 2025 **OsloMet**  Oslo, Norway
Exchange semester.
- Steel and timber structural design, architecture workshop, design of static structures
 - All projects in **English**; group oral presentations in English during architecture courses
- 2022 – 2026 **INSA Toulouse**  Toulouse, France
Engineering Degree in Civil Engineering.
- Specialization in **Building Services Engineering**: HVAC, plumbing, acoustics
 - Case study on the Daturas garage: structural, environmental and thermal analysis
- 2021 – 2022 **Lycée Louis Rascol** Albi, France
Preparatory classes for French engineering schools: mathematics, physics-chemistry, engineering sciences.
- 2019 – 2021 **Lycée Albert Claveille**  Périgueux, France
Technological Baccalaureate (STI2D). Top of the class, graduated with highest honors.

EXTRACURRICULAR ACTIVITIES

- 2025 **Vice President – INSA Toulouse Gala** Toulouse, France
- Event for **1 200+ guests**, sold-out venue, profitable evening, very positive feedback from guests and suppliers
 - Budget of **€30 000**; team of 25; managed **5 partners** and in-house ticketing
- 2023 – 2024 **Vice President – Student Lounge** Toulouse, France
- Managed a **team of 60**: weekly event creation, venue management, orders from several suppliers
- 2023 **Head of Integration Weekend** Toulouse, France
- Weekend for **150 people**: sourced and selected providers (ticketing, entertainment, transport); total budget over **€35 000**

SKILLS, LANGUAGES & INTERESTS

Languages: French (native, C2), English (TOEIC 800/990, B2), Spanish (basic, A2).

IT Skills: Microsoft Office, Revit, QGIS, Pleiades, InfraWorks.

Interests: swimming (10 years), water sports, travel, nature, cooking, hands-on crafts.

Soft Skills: client relationship ease, active listening, teamwork; curious, dynamic, positive.